Roll No. Total No. of Pages : 02

Total No. of Questions: 09

MECM (2015 & Onwards) (Sem.-2) BASICS OF COUNSELLING

Subject Code: MECM-202 Paper ID: [G1132]

Time: 3 Hrs. Max. Marks: 60

INSTRUCTION TO CANDIDATES:

- SECTION-A is COMPULSORY consisting of TEN questions carrying TWO marks each.
- 2. SECTION-B contains FIVE questions carrying FIVE marks each and students has to attempt any FOUR questions.
- 3. SECTION-C contains THREE questions carrying TEN marks each and students has to attempt any TWO questions.

SECTION-A

Q1 Write short notes on the following:

- a) Concept of counselling.
- b) Meaning of psychotherapy.
- c) Relevance of counselling.
- d) Importance of psychotherapy.
- e) Importance of counseling for ecological assessment.
- f) Reality therapy.
- g) Group guidance.
- h) Counselling as a discipline.
- i) Counselling skills.
- j) Importance of counselling for positivity.

1 | M - 28007 (S2) - 1217

SECTION-B

- Q2 Differentiate between counselling and guidance.
- Q3 Discuss non-directive approach of counselling.
- Q4 Explain goals of counselling.
- Q5 What is relationship establishment in counselling process?
- Q6 Discuss qualities of an effective counselor.

SECTION-C

- Q7 Discuss theories of counselling with the help of examples.
- Q8 Discuss ethics of counselling in your own words.
- Q9 Explain importance of counselling for career, academics and workplace.

2 | M - 28007 (S2) - 1217